| TITLE OF MEETING | Life Stages Carers' Network | |
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| Date | 2 nd February 2015 | A STATES |
| Present | Lisa Holdsworth - Service Development Officer (Chair); George Cree – Carer; Elaine Abbott – Carer; Catherine Bowman– Carer; Julie Hopkinson - Team Manager 26+; Julia Newton – DAD, Parent Carer Forum; Mary Brookbanks - Carer | |
| Apologies | Ian Walker – Team Manager 0-25 | |
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| Item No. | Item Heading | Comments | Actions | Lead | Timescale |
|-------------|--|--|---------------------------------------|------|-----------|
| 1. | Minutes of the last meeting and matters arising | <u>Karen Reed (Health)</u> – JH did invite KR to attend this meeting but she was been unable to do so; JH will invite her to attend the next meeting. Access to podiatry remains an issue, as does the low uptake of health checks. Both issues can be raised with KR when she is able to attend a meeting. <u>Staffing</u> – 2 new members of staff were appointed last week and should be in post in the next couple of months. <u>Direct Payments queries</u> – Direct Payments returns are being sent back to people more quickly. People are requested to send original bank statements to DBC and to keep photocopies for themselves if required. The length of time paperwork should be kept varies depending on the individual's circumstances and if they are an employer (when HMRC rules apply). People are requested to seek advice from the Direct Payments Support Service re this. It was queried whether online banking could be used for direct payments? LH to follow up. <u>Health checks</u> – group members remain concerned about the low uptake of health checks and this was raised at the last DLIN meeting. | · · · · · · · · · · · · · · · · · · · | JH | |

| | | Practice at the different surgeries in Darlington varies – 2 group members had received requests for their son/daughter to attend for a health check, 1 had to remind the surgery and 1 knew that it was due and booked it in. GC provided information from a Public Health England Health Checks report which indicates that overall uptake has increased by 3%. Average uptake in England is 44% and Durham, Darlington and Tees (DDT) is 51.8%. Average participation by GP surgeries is 64.5% and 76.2% in DDT. It was queried whether the health checks included dementia? <u>Seated Scales</u> – the seated scales at Lakeside are available for use if required. People need to ring Lakeside to make arrangements to use them. Wheelchair scales are available at Gateway (Foundations). As far as JH is aware, there are none at Dr Piper House. <u>Directory of Services</u> - JH to forward to LH. | | |
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| 2. | Review of Terms of Reference (TOR) | Following discussion, group members agreed that the Network should be broadened to include parents of under 18s with a learning impairment/autism. Much discussion took place regarding exactly what wording should be used. LH to update the TOR and ask IW for his feedback. Group members want LH to remain as Chair. JN requested that minutes be circulated to the IASS- Parent Partnership. | LH, IW LH | |
| | | Partnersnip. | | |
| 3. | Alzheimer's Society Dementia | These were read and comments given. These will be fed back to the DLIN meeting and to the Alzheimer's Society. | LH | |

T: GJ/Meetings/Minute Template

| | Factsheets | | | |
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| 4. | Preparation for DLIN | See comments above re health checks. Group members are asked to read the DLIN papers circulated in advance of the meeting and to identify any issues that they wish to discuss/ raise at the DLIN meeting. | ALL | |
| 5. | Autism | Carers of people with autism are included in the group's TOR. | | |
| 6. | Issues raised by carers | See matters arising above. | | |
| 7. | Any other business | None | | |
| 8. | Date of next meetings | Mondays 13 th April, 1 st June, 7 th September and 2 nd November 2015 – 11.15 – 12.45, Meeting Room, Dolphin Centre, followed by the DLIN from 1.00-3.00, Studio, Dolphin Centre. | | |