# healthwetch Darlington



# Learning Impairment Network Notes Monday 20<sup>th</sup> March 2017

Who was here:	
Mark Humble	Commissioner, Darlington Council(Co-Chair)
Mark Cran	Peoples Parliament (Co-Chair)
Jim Boaden	Peoples Parliament
Edward West	Peoples Parliament
Jade Dwyer	Peoples Parliament
Gemma Taura Jones	Peoples Parliament
Jenny Byers	Peoples Parliament
Lisa Holdsworth	Carers Lead, Darlington Council
Elaine Abbott	Family Carer
George Cree	Family Carer
lan Mhlanga	Tees Esk & Wear Valley Trust
Louise Dauncey	North East Commissioning
Donna Owens	North East Commissioning
Mark Shepherd	Outreach North
lan Barrett	Tees Esk & Wear Valley Trust
Debbie Craggs	24/7
Helen Mcmullan	Dimensions
Sarah Stabler	Dimension
Lorraine Joyce	Police
Di Domenico	NHS England
Rachel Osbaldeston	Public Health
Carole Rutherford	AIM
Holly Prudhoe	AIM
Mathew Moon	AIM
Apologies:	
James McElheran	Peoples Parliament
Hilary Slater	Peoples Parliament
Jenny Byers	Peoples Parliament
Corrine Elliot	Peoples Parliament
Steve Roberts	Peoples Parliament
Harry Longmoor	Peoples Parliament
Peter Fitzpatrick	Darlington Council, Provider Lead
Kevin Kelly	Head of Service, Darlington Council
Councillor Copeland	Cabinet Member, Darlington Council
Neil Wadge	Area Manager Potensial
Julie Hopkinson	Team Manager, Local Authority



Dawn Cook	Foundation Trust
Tracy Robert	DAD
Sarah Gibbon	Senior Practitioner Council
Andrea Goldie	Healthwatch, Darlington
Sean Thomas	Leisure Services
Dan Maddison	North East Commissioning
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Welcome



Mark welcomed everyone to the meeting. He reminded everyone of the rules, mobile phones off and use the stop card if people need to. We read out a list of the people who couldn't come today. Everyone introduced themselves.



Mark went through the notes of the meeting on the 16<sup>th</sup> of January 2017 to check they were right. We agreed they were.

Mark will update the Action Log and send out with the minutes of this meeting.

#### See the Action Logs here:







## **Transforming Care**

#### Autism

Carol, Holly and Mathew from Autism in Mind came to talk to us about some work they are doing for the Transformation Board.

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They are doing some work about people with "high functioning autism" which will hopefully stop people having to go into hospital.

There is a gap in support for people with "high functioning autism". This gap is support should be filled by services developed with people with autism.

Part of there is to find out what services for people with autism there are in our area.

They have 4 questions that they would like us to answer:

- 1. Have you commissioned any services for people with autism and if so, what?
- 2. Do you currently involve the autism community in your work and if so, to what extent and for approximately how long?
- 3. How are you achieving the goals set out by transforming care?
- 4. Has the NHS community mental health commissioned services in your area, been specifically designed for people with autism without a learning disability?

# Action: Mark to send out the questions to the Network and send the answers to AIM









You can see the AIM Presentation here:



AIM have written a list of things it's good to know about Autism: You can see this here.

#### How do we know things are working?

Dr Ian Barratt talked to us about some work he is doing about how we know things are working well. How and what should we measure to know if "Transforming care" is working?

He would like to work with Parliament and Carers to think about what should be measured to show things are working.

The plan is to have some "outcomes" for people that show things are working.

#### Action: Ian Barratt to meet with Parliament

#### **Dynamic Register**

Mark told us about the Dynamic Register. Which is a list of people who may need some extra help to stop them going into hospital.

Each area will have a list. The job of keeping the list up to date is the CCG.

People agree to be on the list, if they can't agree than a decision can be made for them if it's best for them.









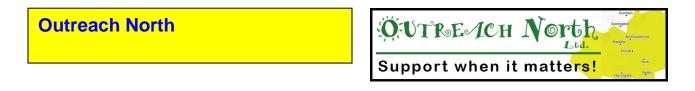
If people no longer need to be on the list they will be taken off.

The list will also say what extra support people need when their needs change.

The list will also say how likely it is someone may need to go into hospital.



See the presentation here. Register Network 201



Mark from a company called Outreach North talked to us about the services they provide.

Most of the work is working with families and young people, however they do support some adults. Most of their work is evenings and weekends. One of the main things they do is to give carers/parents a break. Part of the work is helping people to make links in their own communities so they don't need paid support.

They also work with children in schools.

People can use a direct payment to pay for support.

The Outreach North website is here: <u>www.outreachnorth.co.uk</u>

Contact: Mark Shepherd for more information: Tel: 07739357467 E mail: <u>outreachnorth@btinternet.com</u>

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**Hospital Passports** 

Ian Mhlanga talked to us about Hospital Passports .The team he works for can assist people complete a Passport. The Passport if filled in, has in it all the information that the hospital needs to meet the needs of someone. Top tip from Ian, in the section on medication, just put "see most recent prescription". If someone goes to hospital with a passport the "Liaison service are told and they will offer help.

Jade said she has taken her passport to hospital every time she goes and never gets it back!!

George suggested having two at all times?

Action: Di Domenico agreed to check with NHS England if a Passport is or can be part of a summary record.

Transforming care and the words used to talk about people

See a Hospital Passport Here:

At our meeting in January we looked at some of the words that are used in "Transforming Care". Some of the words we thought we knew what they meant, however some we didn't.

These included:

- Cohort
- Resettlement
- Vulnerable
- Rehoming







We agreed to write our 3<sup>rd</sup> letter to professionals telling them what we think about some of the words that are used to describe people and ask them to think about using different words.

We think the words that are used to describe people are professional words and not words that ordinary people use to describe things.

We think these words keep people living in "service land" and make people think people are "special"

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## Action: Mark to send out the letter as agreed

See the Presentation Here:

**Family Carers** 

Lisa updated us on recent carers work.

The carers group met this morning.

- The Carers pack is now almost complete it needs a small update on the Life Stages Service.
- The Group had a visit from George from the Thera Trust to talk about a book they have published called "Safe and Secure" which is packed full of information and advice about leaving home. Anyone who wants a copy of the book can contact: george.walton@thera.co.uk
- The Carers Support Service will be provided by Durham County Carers from 1.4.17













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• The Young Carers Support Service will remain with DISC

The **BIG** issue for Parliament is still funding, which ran out at the end of August.

**Peoples Parliament Update** 

There is a rethinking advocacy conference next week . Parliamentt will be there.

The Peer Support Group happens once a month its open to everyone with a learning impairment and/or Autism. They have also made links to the Danshell self advocates, Keyring and Lifways.

Edward has written a letter to ASDA asking them if they could have a quiet hour, so people could shop without a lot of distractions. This happens in Manchester.

Jade told us about the companion bus pass, 9 members of Parliament have them and want to reply to the consultation. She is concerned that the letters and information are not accessible.

United Response have made a room available to Parliament for their meetings for free – Well done and big thank you to United Response

Jade is doing a swimathon of 140 lengths to raise money for Parliament

We talked a bit about the tv programme "Under Lock and Key" and how awful the support people get. No one should die of constipation!

Action: Mark to see if we can get a copy of the Dispatches Programme











Action: Mark to share details of the Advocacy Conference that takes place on 31<sup>st</sup> March 2017.

Next Meeting

15<sup>th</sup> May 2017

1pm – 3pm, the Dolphin Centre

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