

Darlington Learning Impairment Network Notes

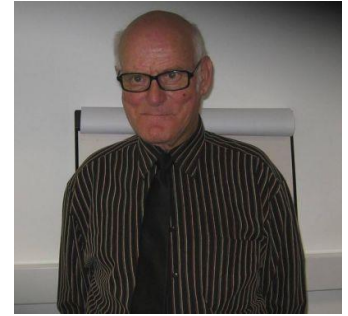
Monday 11th September 2017

<p>Who was here:</p> <p>Mark Humble Harry Longmoor Jim Boaden Edward West Jenny Byers Aaron Randall Steve Roberts Hilary Slater Saskia Khan Claude Frere-Smith Lisa Holdsworth Peter Fitzpatrick Phil Jones Martin Webster Rachel Osbaldeston George Cree Dan Maddison Ian Mhlanga Amy Goldsborough Diane Lax Amanda Ashdown Kellie Woodley</p>	<p>Commissioner, Darlington Council(Co-Chair) Peoples Parliament (Co-Chair) Peoples Parliament Peoples Parliament Peoples Parliament Peoples Parliament Peoples Parliament Peoples Parliament Peoples Parliament Clervaux Carers Lead, Darlington Council Provider Lead, Darlington Council Senior Practitioner, Darlington Council Workforce Lead, Darlington Council Public Health Family Carer Clinical Commissioning Group Tees Esk & Wear Valley Trust Tees Esk & Wear Valley Trust Healthwatch St John of God Inclusion North</p>
<p>Apologies:</p> <p>Louise Dauncey James McElheran Corrine Elliot Mark Cran Gemma Taura Jones Kevin Kelly Julie Hopkinson Sean Thomas Elaine Abbott Lorraine Joyce</p>	<p>North East Commissioning Peoples Parliament Peoples Parliament Peoples Parliament Peoples Parliament Head of Service, Darlington Council Team Manager, Local Authority Leisure Services Family Carer Police</p>

Welcome



Harry Longmoor welcomed everyone to the meeting. He reminded everyone of the rules, mobile phones off and use the stop card if people need to. We read out a list of the people who couldn't come today. Everyone introduced themselves.



What We Said Last Time

Mark Humble went through the notes of the meeting in July 2017 to check they were right. We agreed they were.

Mark will update the Action Log and send out with the minutes of this meeting.



Updates from the notes:

Social Care Providers: The meeting with social care providers that was arranged by NHS England went ahead on 20th of July. Mark said there were a lot of Providers there all keen to offer their support to people still in hospital. A report will be written.

Action: Mark will share the report when it's completed.

Stopping the Over Medication of people with a learning disability (STOMP). Kellie told us that Inclusion North worked with some people in Roseberry Park Hospital and wrote some questions people should ask their GP about their tablets.



Action: Kellie to send Mark the Questions and Mark will share with Network.

See the Action Log here:



Learning Impairment
Network Action log n

Transforming Care



The new group whose job it is to make Transforming Care happen in Darlington has met twice. It is just agreeing what's its job is. One of the questions it has to answer is how do they make sure the voices of people and their carers are heard and acted on.



Darlington Clinical Commissioning Group (CCG) are funding 8 people in Assessment and Treatment Services and there is one person funded in Specialised Commissioning. Plans are in place for these individuals to support them moving out of hospital.



The CCG are pulling together information about the individuals and what sort of services they are being discharged too that they will share with us every month.

How to make sure there are good staff supporting people.

Martin Webster, workforce lead for Darlington Council came to talk about training and making sure staff who support people have the right skills and knowledge. Martin wants Parliament and the Network to help him make sure that council staff have the skills and knowledge to support people in the best way.



He is planning to bring together a group of people a few times a year to check what the Council are doing but also to get ideas about what staff need to know about. This is not a one off; Martin would like to keep this going. One of the areas of possible training we identified was in relation to staff understanding how to support someone to have and keep "relationships".



Martin asked if we thought these meetings were a

good idea and we said yes it was.

Martin agreed to meet with Carers to get their views.

Action: Martin to attend meeting with Parliament to discuss

The language use to describe people



We have now sent three open letters to professionals about how important language is when talking about people with a learning impairment.



We agreed to send a fourth letter that reminded people again about the importance of language and set the “LD Challenge”

We will ask people to not use LD and if they hear anyone using it to ask them not too.



We also want to remind people that “how can we trust you to make big changes if you can’t even change the words that you use”

If people think it is okay to use LD, we are happy to talk to them about why we think it’s not.

Parliament reminded everyone about other words that are not helpful when talking about people, “special” and “vulnerable”

We agreed it would be good to attend the Transforming Care Board and tell people there about our thoughts and ideas.



Action: Mark to write the letter and send it out.

Action: Mark to arrange a visit to the Transforming Care Board.

Council plans to change what support people can get under the Care Act.



The Council are asking people what they think about some changes they want to make.

The Care Act says that after an assessment if someone has a need in two of 10 areas then they might get some support. E.g. in going to the toilet or getting dressed.

At the moment the Council pay for people to have support to take their medication/tablets. It is this that the Council want to stop doing.

If someone has other support and support to take medication is only one part of the support people need e.g. support to get dressed they will continue to get the support. This will only affect those people who only get support to take medication.



People said they were worried because for some people taking their medication is critical and what would happen if they had no one to support them. People asked about a personal health budget to meet this need.



People have until the 22nd of October to reply.

There have been and are some meetings to discuss this

Wednesday 13th September – 3pm to 5pm in the Seminar Room in the Dolphin Centre

Tuesday 3rd October – 5pm to 7pm in the Seminar Room in the Dolphin Centre

There is an online questionnaire at

<https://www.surveymonkey.co.uk/r/DBCeligibility>

Action: Lisa add the use of personal health budgets to carers feedback.

Inclusion North



Kellie from Inclusion North. Last year the Council used Inclusion North to check how well the lifestages service was working. This year we have some time from Inclusion North we can use to help us with any local issues. E.g. support with working towards a learning disability friendly town.



Action: Kelly to attend Parliament and bring ideas back to the Network about how to use Inclusion North time.

Action: Martin to attend on the same date with Kelly to see if their work can join up.

Health update



Dan gave us an update on some of the work of the CCG.

Flu Vaccine – Winters coming people need to have a flu vaccine. The difference this time is that people can now have this as a spray up their nose rather than a needle. Everyone with a learning disability should have one. It is also important that staff who work with people should also have it.



Cancer Screening – More people need to have checks for Cancer to try to catch it early.



Medication Reviews – People should have their medication reviewed regularly

Annual Health Checks – Darlington is really good at having a check with a Dr once a year. Want to be better.

People who live outside Darlington – The CCG pay for some peoples support outside Darlington. They want to bring people back to Darlington when it's best for them.



Darlington has a really good record of supporting the health of people with a learning impairment the CCG want to work out why this is and share with other areas.

Dan asked if a group going across a few areas would work? Our experience has been that unless meetings are in our area we struggle to attend.

Louise has asked do we need a Health Task Group to talk about and make changes.



Ian talked about the work of the health facilitation team in supporting people to keep healthy. He is more than happy to work with the CCG to help people keep healthy

Action: The next Network meeting will be all about Health

Family Carers



The Carers meeting planned for today was cancelled.

The Information pack is now finished. It is on the website

See Information pack here.



Carers-Pack.pdf

The latest Inclusion North Bulletin included a link to a Carers Survey.



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Peoples Parliament Update



The **BIG** issue for Parliament is still funding, they do need some to keep going.



Parliament is meeting with Star Radio on 20th September to talk about employment.



Parliament had a visit from Fire fighters to talk about fire prevention. Some people signed up for a safer homes check. Advice included.

- Check smoke alarms work
- Never leave a tumble dryer on when you go out
- Use torches not candles
- Never fold hot sheets
- Close doors at night
- Smoke is the killer



Anything Else

Di told us that Health watch have a survey out for people with Autism asking what support works for them. This is on behalf of local Councillors who are interested in supporting the work on autism.

<http://www.healthwatchdarlington.co.uk/news/are-you-adult-or-young-person-autism>

TEWV have their 11th annual service user conference on the 17th of October 2017. Mark has sent the information out to everyone. Please see details here.



Letter Invite
2017.doc



Mark will plan the dates for next year

Next Meeting

6th November 2017

1pm – 3pm, the Dolphin Centre

Darlington

